

# Curriculum Vitae

Bearnairdine Beaumont

## **Education:**

Primary School/ Switzerland  
Higher School / Switzerland  
Au-Pair / French/ Switzerland  
Laboratory Assistant Studies  
Internship at Klinik Sonnenhof – Laboratory, Bern, Switzerland  
Graduation: Swiss Diploma Laboratory & Medical Assistant

## **Worked at:**

Clinic Sonnenhof, Bern – Laboratory Prof. Dr. med. Kappert  
Dr. med. Sollberger, Gstaad - Laboratory  
Dr. med Däppen F.M.H., Frutigen - Laboratory & surgery  
Nuclear Medicine Department INSEL University Hospital, Bern

## **1977 – 1998 Lufthansa**

Flight Attendant B727/B747/B707  
Purser B737/ A320/A321/A319  
Trainingpurser B737  
Checkpurser B737

## **Additional Qualifications**

Biofeedback Specialist – Diploma (thesis)  
Naturopathic Practitioner – Diploma  
Herbalism - Diploma  
Ayurveda – Certificate  
Shiatsu Massage Therapy – Certificate  
Dorn&Breuss Therapist – Selacor® Certificate

## **Founder** of LHOA, Alternative Health&Wellness and Tuition Centre 1998 – 2012

*Accredited (school and teacher) by: V.T.C.T./UK and F.H.T./UK. –awarded NV3 level diploma for courses: Anatomy&Physiology, Reflexology, Dorn-Therapy, Biofeedback. Appointed F.H.T. Assessor (retired)*

## **Present:**

Citizen scientist & researcher, published author (English and German, 3 books) & writer  
*Subjects: Aircraft Cabin Air Quality - Air Pollution –Naturopathic Health-Aerotoxic Syndrome-Toxicology-Allergies*

## **Bearnairdine's websites:**

[www.unfiltered.vip](http://www.unfiltered.vip)

[www.airunfiltered.com](http://www.airunfiltered.com)

<https://bearnairdinebeaumont.academia.edu/>

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### **Bearnairdine's Books:**

The Air I Breathe – It's Classified  
Tomb In The Sky – Aviation's Wounded Canaries  
Höhenluft – Tagebuch einer Stewardess  
Love in The Quantum Space of Time (thesis)

### **Articles by Bearnairdine :**

<https://www.researchgate.net/profile/Bearnairdine-Beaumont>  
<https://bearnairdinebeaumont.academia.edu/>

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**"If I can stop one heart from breaking,  
I shall not live in vain;  
If I can ease one life the aching,  
Or cool one pain,  
Or help one fainting robin  
Unto his nest again,  
I shall not live in vain."**

~ Emily Dickinson